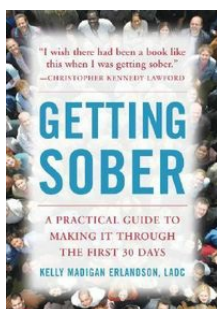


GETTING SOBER: A PRACTICAL GUIDE TO MAKING IT THROUGH THE FIRST 30 DAYS

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Reader's Opinions

This is a must read, in my opinion, for anyone going "on the wagon" and for those that live with them. It tells the reader in plain, straightforward style what to expect and offers suggestions to help the person quit for good.

A book of common sense. If you are ten years old or have been living in a cave for the past fifty years, this is the book for you. With insight such as "A room where smoking is allowed can, in fact, get pretty cloudy during a meeting" and "You may not like the first meeting you attend" you can rest assured that there is nothing profound...