

INSTANT HEALING: MASTERING THE WAY OF THE HAWAIIAN SHAMAN USING WORDS, IMAGES, TOUCH, AND ENERGY

Written in a jargon-free and easily accessible style, Instant Healing will teach you to use the power of words, the power of imagination, the power of touch, and the power of energy to heal all types of ailments, including: headache; nausea; allergies; backaches; acute anxiety; broken bones; depression; eyestrain; the flu; swelling; infection; even hangovers. Instant Healing contain a special section on emergency techniques...

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Instant Healing: Mastering the Way of the Hawaiian Shaman Using Words, Images, Touch, and Energy

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Fascinating ideas for healing yourself and others through the power of the mind and spirit.