

NINETY DAYS

The goal is ninety: just ninety clean and sober days to loosen the hold of the addiction that caused Bill Clegg to lose everything. With seventy-three days in rehab behind him he returns to New York and attends two or three meetings each day. It is in these refuges that he befriends essential allies including the seemingly unshakably sober Asa, and Polly, who struggles daily with her own cycle of recovery and relapse. At first, the support is not enough: Clegg relapses...



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Ninety Days

Author	Bill Clegg
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Peek Inside the Book

And if the only thing you can do is show up, do it. Then do it again. And when its the last thing you want to do and the last place you want to go, go. Just go. You have...

For a while the world will appear more as it is and less as I make it, and I will have a new courage to face the remaining wreckage of the past. Bill Clegg, Ninety Days: A Memoir of Recovery //

Reader's Opinions

Wow. I read this book in one sitting. It was exhausting. If you've ever wondered what an addict goes through on the roller coaster ride to recover, read this book. Raw and heartbreaking, I just want to meet Bill Clegg and give him a hug.

Ninety days? Seems like ninety years of groundhog day as Clegg tried to piece together three months of time that benchmark a solid toehold on sobriety. Clegg was finally able to write this account of his many failed attempts at rehab,...