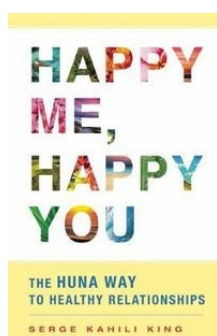


HAPPY ME, HAPPY YOU: THE HUNA WAY TO HEALTHY RELATIONSHIPS

This exuberant guide is special among the many books on relationships because of Serge King's seasoned perspective as a master Huna shaman and alternative healer. "The problem between two people is never a 'relationship' that isn't working," he says. "It is always that one or both of them don't know how to relate in a better way. The real problem is behavioral, and it's easier to change behavior than to change...



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"Every time you act out of fear, you reinforce the fear." "That wasn't criticism--that was an opinion." -->>
"you have no power over me!" -->> no longer dangerous -->> different reactions