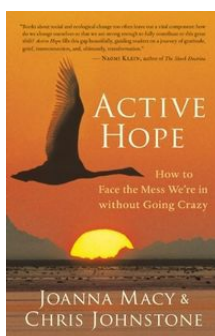


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loved it.

Reading for the new bookclub we are running as part of our Insight Meditation group in Westbrook, M aine. Well done with some good examples, and a decent read. Not alarmist, but not a sugar coat either.