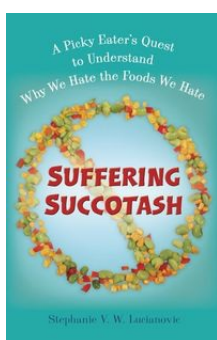


SUFFERING SUCCOTASH: A PICKY EATER'S QUEST TO UNDERSTAND WHY WE HATE THE FOODS WE HATE

As a child Stephanie Lucianovic lived for years on grilled cheese and created an elaborate system for disposing of revolting food involving bookshelves, holiday centerpieces, and, later, boyfriends. She agonized not over meeting her future in-laws, but over the peaches they served her. As an adult, this picky eater found herself in the most unlikely of circumstances: a graduate of culinary school who became...



READ/SAVE PDF EBOOK

Suffering Succotash: A Picky Eater's Quest to Understand Why We Hate the Foods We Hate

Author	Stephanie V.W. Lucianovic
Original Book Format	Paperback
Number of Pages	240 pages
Filetype	PDF / ePUB / Mobi (Kindle)
Filesize	5.86 MB

Click the button below to save or get access and read the book Suffering Succotash: A Picky Eater's Quest to Understand Why We Hate the Foods We Hate online.



Reader's Opinions

Why are picky eaters so picky? Why do many of them stay that way into adulthood? Is it really a "moral" failing of some sort, as most people assume, or is there something more to the topic? The author, a self-identified picky eater, sets out...

At one point, I actually said out loud "oh my god these people get me!" Having been a picky eater all my life, it was good to hear stories from other grown-ups who struggle with food issues. The part that really stuck with me was about the amount of stress that picky eaters face surrounding the act of eating and how that affects digestion....